



Annual Report  
2005-2006

**Combined Health Agencies Contributions  
Distributed to Member Agencies for the Period 7.1.05 ~ 6.30.06**

Alzheimer's Association	\$ 72,970
American Diabetes Association	\$ 80,175
American Heart Association	\$ 54,317
American Liver Foundation	\$ 15,143
American Lung Association	\$ 35,109
American Melanoma Foundation	\$ 4,453
Amyotrophic Lateral Sclerosis Association (ALSA)	\$ 3,467
Arthritis Foundation	\$ 24,295
Autism Society	\$ 24,506
Being Alive San Diego County	\$ 30,223
Burn Institute	\$ 44,570
Crohn's & Colitis Foundation of America	\$ 14,852
Cystic Fibrosis Foundation	\$ 35,413
Epilepsy Foundation	\$ 28,303
Fresh Start Surgical Gifts	\$ 10,445
Hemophilia Association	\$ 10,553
Juvenile Diabetes Research Foundation	\$ 62,346
The Leukemia & Lymphoma Society	\$ 39,520
Lupus Foundation of America	\$ 10,464
Mental Health Association	\$ 16,331
Muscular Dystrophy Association	\$ 12,551
National Multiple Sclerosis Society	\$145,580
Parkinson's Disease Association	\$ 32,749
Partners for Community Access	\$ 4,593
San Diego Hospice & Palliative Care	\$167,126
Sickle Cell Disease Association	\$ 8,738
Stepping Stone of San Diego, Inc.	\$ 8,331
<b>Total Distribution</b>	<b>\$997,123</b>

Combined Health Agencies does not charge dues to its member agencies.

100% of all agency-designated dollars received from the CFC are passed directly to member agencies without service charge.

Combined Health Agencies partners with United Way of San Diego in the United Way/CHAD Campaign. A share of the undesignated dollars received from the workplace campaign covers all operating expenses.

Although Combined Health Agencies does not provide direct programs and services to the general public, member agencies serve the San Diego community by providing public and professional education, client and community services and funding for research projects.

## Board of Directors Meeting Schedule 2005-2006

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### **2005**

August	17	3:00 p.m.	Board Orientation
	17	4:00 p.m.	Board of Directors
September	14	11:30 a.m.	Agency Executive Committee
October	5	4:00 p.m.	Executive Committee
	19	4:00 p.m.	Board of Directors
November	9	11:30 a.m.	Agency Executive Committee

### **2006**

January	11	11:30 a.m.	Agency Executive Committee
	18	4:00 p.m.	Executive Committee
February	8	11:30 a.m.	Agency Executive Committee
March	1	4:00 p.m.	Executive Committee
	15	4:00 p.m.	Board of Directors
April	12	11:30 a.m.	Agency Executive Committee
May	3	4:00 p.m.	Executive Committee
	17	4:00 p.m.	Board of Directors
June	7	11:30 a.m.	Agency Executive Committee
	14	5:30 p.m.	Annual Meeting

#### **Location –**

All Board of Directors meetings are held in the United Way Building, 4699 Murphy Canyon Road, SD 92123.

#### **Terms –**

A Director serves at the pleasure of the Member he/she represents and continues until his/her successor is selected. The term of office for Directors At Large is for two years and terms are staggered.

The Officers take office at the close of the annual meeting and serve until the close of the next annual meeting or until the election of their successors.

2005-2006  
Volunteer Leadership  
Agency Representatives

*Alzheimer's Association*  
John Ohaniam

*American Diabetes Association*  
Peter Stafford  
Stafford Consulting Group

*American Heart Association*  
Bob Krans

*American Liver Foundation*  
Heather Raschtschenia

*American Lung Association*  
Mary Lou Washatka

*Autism Society of America*  
Gregory Fletcher  
Sunrise Bank

*Being Alive San Diego*  
Bruce Mitchell

*Burn Institute*  
James Boland  
SDG&E

*Crohn's & Colitis Foundation*  
Pamela Meistrell

*Cystic Fibrosis Foundation*  
Drew Hamilton, Esq.  
Knobbe, Martens, Olson & Bear

*Epilepsy Foundation*  
Marilyn Rutland  
San Diego Tax & Wealth  
Management

*Fresh Start Surgical Gifts*  
Tim Lachman

*Juvenile Diabetes Research  
Foundation*  
John Wood  
Amylin Pharmaceuticals, Inc

*The Leukemia & Lymphoma  
Society*  
Dick Krumvieda  
SDG&E

*Lupus Foundation of America*  
Tiong Liem  
Allied Geotechnical Engineers

*Muscular Dystrophy Association*  
Danielle Valenciano

*National Multiple Sclerosis Society*  
Linda Shaw

*Parkinson's Disease  
Association*  
Mary Ann McCarthy

*Partners for Community Access*  
Sharon Briscoe  
Valley Radiology

*Sickle Cell Disease Association*  
Don Early

Directors At Large

April Bolduc  
*The Grove Agency*

Tony Calabrese  
*Point Loma Community Bank*

Mary Cruz  
*Sharp Chula Vista Medical  
Center*

Tony Mahavier  
*Mahavier & Associates*

Larry Schreiber  
*Advanced Refractive  
Technologies*

Executive Committee

Tony Mahavier  
*Board Chair*

Drew Hamilton  
*Chair-Elect*

Greg Fletcher  
*Vice-Chair*

Mary Ann McCarthy  
*Secretary*

Marilyn Rutland  
*Treasurer*

Cindy Trowbridge  
*President*

Standing Committee Chairs

Greg Fletcher  
*Membership*

Drew Hamilton  
*Bylaws*

Mary Cruz  
*Business Development*

Marilyn Rutland  
*Finance*

Robin Davisourt  
*Personnel*

April Bolduc  
*Public Relations*

Tiong Liem  
*Nominating*

Drew Hamilton  
*Strategic Planning*

Tracy Richey  
*Campaign Liaison*

Dick Krumvieda  
*United Way/CHAD*

Tracy Richey  
*Agency Executives*



## Leadership Message

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Combined Health Agencies' commitment to San Diego remains constant; our goal stands unwavering -- to help people make educated decisions about how they contribute their money, to support better health in our community, and to give every resident access to an improved quality of life for themselves and their loved ones.

Today, our 26 Member agencies are steadfast in their commitment to the mission of CHA:

*"To improve our community's health by supporting member agencies through individual and corporate giving."*

Combined Health Agencies continues to maintain its strong partnership with the United Way of San Diego County. The United Way/CHAD Campaign remains the premiere choice for workplace giving. The workplace contributions in the past and this year demonstrate that our community recognizes the vital role our agencies play in the health of the San Diego community. During the last year, Combined Health Agencies measurably addressed the health needs of our community, distributing nearly one million dollars to Member agencies. These dollars helped our Member agencies fund research and essential programs which improve the quality of life for thousands of San Diegans.

As we look to the future, Combined Health Agencies will see changes, including an innovative energy headed by our newly hired president, Susan Day, a greater focus on fund raising and a more resourceful website.

It has been a privilege to serve Combined Health Agencies over the last three years, and I am confident that the growth of our agencies' impact in the community will continue.

Sincerely,

Tony Mahavier  
Board Chairman  
2005-2006

### **HEALTH HEROES AWARD EVENT**

The Health Hero Awards honor San Diego companies and individuals committed to making their community a better place to live. Each member agency selects a Health Hero in one of three categories: Business and Industry, Scientific or Medical Professional, and Media Professional or Celebrity. The companies and individuals recognized have given freely of their time, talent and resources to improve the health and well being of the people of San Diego County. Their partnerships with the members of the Combined Health Agencies of San Diego have touched the lives of countless individuals and families. The 12th Annual Health Hero Awards Event took place on Tuesday, March 14, 2006, at the Hall of Champions in Balboa Park, with Bill Menish of NBC 7/39 News Television as emcee.

#### **2006 Honorees include the following:**

**BUSINESS INDUSTRY:** Los Bombaderos; Gilead Sciences, Inc.; San Diego County Fire Chiefs' Association; San Diego Business Journal; San Diego County Credit Union; Roche Diagnostics/ Accu-Chek; National Association of Letter carriers, Branch 70; Sempra Energy & SDG&E Energy for Others; Palomar Pomerado Health

**MEDICAL/SCIENTIFIC RESEARCHER:** Dr. Steve Eldeman, MD; Barbara Buech, RN, BSN; Dr. Lisa Nyberg, MD, MPH; Dr. Antonino Catanzaro, MD; Dr. Mona Mofid, MD; Dr. Michael Keller, MD, FACR; Dr. Evelyn Tecoma, MD, PhD; Dr. Vincent Iragui, MD, PhD; Dr. Edgar Ling, MD; Dr. Antonio Grillo-Lopez, MD; Dr. Laurie Lindamer, PhD; Dr. Frank Ferris, MD.

**MEDIA PROFESSIONAL/CELEBRITY:** Jane Mitchell; Roger Hedgecock

### **VOLUNTEER OF THE YEAR AWARDS EVENT**

The Volunteer of the Year Awards Event is held in conjunction with Combined Health Agencies' Annual Meeting. Each of the outstanding individuals nominated is honored by Combined Health Agencies on behalf of the member agency to which they have devoted their time and talents. The 2005-2006 recipients received special recognition at Combined Health Agencies' 36<sup>th</sup> Annual Meeting held, June 21, 2006, at the Admiral Baker Clubhouse with past CHA president Tony Calabrese as emcee.

**2006 Honorees include the following:** Anna Tucker; Luna Odland; Charlie & Noi Lani Deem; Chris Van Gorder; Michele Calamari, Tim Bacino; Susan Klinker; Rachael Zijlstra; Wayne Stewart; Chief Erwin Willis; Randy Northcote; Frank Gaughan; Gary Ness; Dr. Terrie Yoshikane, DDS; Brian Taylor; John Wood; Judy Larkin; Summer White; Gladys Swensrud; Robert Swee; Catherine Rodriguez; Mary Sievers.