



2004-2005 ANNUAL REPORT

Mission:

To improve our community's health by supporting member agencies through individual and corporate giving.

Leadership Message

The 2004 – 2005 campaign year brought many changes to Combined Health Agencies as we celebrated our 35th year of service to San Diego County residents. In August 2004 we bid farewell to outgoing president, Tony Calabrese and in October we welcomed Cindy Trowbridge to the organization. Cindy came to Combined Health Agencies with 25 years experience in business development and is actively involved in the San Diego community.

Today there are 27 Member agencies committed to the mission of CHA:

“To improve our community’s health by supporting member agencies through individual and corporate giving.”

Combined Health Agencies maintains a strong partnership with the United Way of San Diego County. The United Way/CHAD Campaign continues to be the premiere choice for workplace giving. The contributions this year show the community recognizes the vital role our agencies play in the health of the San Diego community. During the last year Combined Health Agencies distributed over one million dollars to Member agencies. These dollars helped our Member agencies fund research and essential programs which improve the quality of life for thousands of San Diegans.

Combined Health Agencies’ commitment to San Diego remains constant; our goal is unwavering -- to help people make educated decisions about how they contribute their money, to support better health in our community, and to give every citizen access to an improved quality of life for themselves and their loved ones.

Sincerely,

Tony Mahavier
Board Chairman

Cindy Trowbridge
President/CEO

2004-2005

**Combined Health Agencies Contributions
Distributed to Member Agencies for the Period 7.1.04 ~ 6.30.05**

Alzheimer's Association	\$67,690
American Diabetes Association	\$100,469
American Heart Association	\$48,481
American Liver Foundation	\$14,215
American Lung Association	\$32,641
American Melanoma Foundation	\$2,394
Amyotrophic Lateral Sclerosis Association (ALSA)	\$617
Arthritis Foundation	\$23,308
Autism Society	\$26,364
Being Alive San Diego County	\$32,130
Burn Institute	\$48,094
Children's PKU Network	\$115
Crohn's & Colitis Foundation of America	\$13,239
Cystic Fibrosis Foundation	\$34,267
Epilepsy Foundation	\$43,567
Fresh Start Surgical Gifts	\$5,638
Hemophilia Association	\$10,452
Juvenile Diabetes Research Foundation	\$60,885
The Leukemia & Lymphoma Society	\$44,670
Lupus Foundation of America	\$8,809
Mental Health Association	\$17,172
Muscular Dystrophy Association	\$13,503
National Kidney Foundation	\$5,205
National Multiple Sclerosis Society	\$136,092
Parkinson's Disease Association	\$29,688
Partners for Community Access	\$2,112
San Diego Hospice & Palliative Care	\$129,824
Sickle Cell Disease Association	\$11,063
Stepping Stone of San Diego, Inc.	\$11,065
Total Distribution	\$973,769

Combined Health Agencies does not charge dues to its Member agencies.

100% of all agency designated dollars received from the CFC is passed directly to Member agencies without service charge.

Combined Health Agencies partners with United Way of San Diego in the United Way/CHAD Campaign.

All operating expenses are covered by a share of the undesignated dollars received from the workplace campaign.

Although Combined Health Agencies does not provide direct programs and services to the general public, Member agencies serve the San Diego community by providing public and professional education, client and community services and funding for research projects.

HEALTH HEROES AWARDS EVENT

The Health Hero Awards honors San Diego companies and individuals committed to making the community a better place to live. Each Member agency selects a Health Hero in one of three categories: Business and Industry, Scientific or Medical Professional, and Media Professional or Celebrity. The companies and individuals recognized have given freely of their time, talent and resources to improve the health and well being of the people of San Diego County. Their partnerships with the members of the Combined Health Agencies of San Diego have touched the lives of countless individuals and families. The 11th Annual Health Hero Awards Event took place on Tuesday, March 22, 2005, at the Wyndham San Diego at Emerald Plaza, with Kimberly King of NBC 7/39 News Television as emcee.

2005 Honorees included the following:

BUSINESS INDUSTRY: *Bethel A.M.E. Church; Boehringer Ingelheim Pharmaceuticals; Kearny Mesa Toyota; KUSI News; Resources for Students with Autism; San Diego Fire Fighters Local 145; San Diego National Bank; Union Bank of California; Wal-Mart, Murphy Canyon Store; Zagrodnik & Thomas Architects.*

MEDICAL/SCIENTIFIC RESEARCHER: *Arthur Kavanaugh, MD; Donald Ritt, MD; Douglas Conrad, MD; Helen Kent, RRT; Jay Thomas, MD, PhD; Joy Hamer, RN OCN; Katharine Farrow, RN BSN; Louie Linarelli, MD (posthumously); Marcia Jackson; Mary Sundsmo, MBA; Richard Just, MD; Robert Stein, MD; Ruth Covell, MD; Steven Beal, DDS.*

MEDIA PROFESSIONAL/CELEBRITY: *Rolf Benirschke; Time Warner Cable.*

VOLUNTEER OF THE YEAR AWARDS EVENT

The Volunteer of the Year Awards is held in conjunction with Combined Health Agencies' Annual Meeting. Each of the outstanding individuals nominated is honored by Combined Health Agencies on behalf of the Member agency to which they have devoted their time and talents. The 2004-2005 recipients received special recognition at Combined Health Agencies' 35th Annual Meeting held Thursday, June 16, 2005, at the Hyatt Islandia Hotel. Bill Menish of NBC 7/39 News Television was emcee.

2005 Honorees included the following:

Janice Omdalen; Eugenia Welch; Paul Tyrell; Lee Price; Denise Herich; Susan Christopher; Robin DAVIScourt; Allison Adams; Kay Freeman; Kevin McGarrigle; Denise Burk; Lisa Gary; Marcelle Hawkins; Mark Nespeca, M.D.; Michael Brucker, M.D.; Michelle Pascucci; Diane George; Michael Copley; Kenneth Jacobs; Donald Berk; Ryan Levinson; Bob Hagerstrom; Larry Hunt; Vicky Alt Klug; Ed Danenhauer; Ross Taylor.

Board of Directors Meeting Schedule 2004-2005

2004

JANUARY	21	4:00 p.m.	Wednesday	Board of Directors
MARCH	17	4:00 p.m.	Wednesday	Board of Directors
MAY	19	4:00 p.m.	Wednesday	Board of Directors
JUNE	16	5:00 p.m.	Wednesday	Annual Meeting
	23	4:30 p.m.	Wednesday	Board of Directors
AUGUST	18	3:00 p.m.	Wednesday	Board Orientation
		4:00 p.m.	Wednesday	Boar of Directors
OCTOBER	20	4:00 p.m.	Wednesday	Board of Directors

2005

JANUARY	19	4:00 p.m.	Wednesday	Board of Directors
MARCH	16	4:00 p.m.	Wednesday	Board of Directors
MAY	18	4:00 p.m.	Wednesday	Board of Directors
JUNE	15	4:00 p.m.	Wednesday	Board of Directors
	16	5:00 p.m.	Thursday	Annual Meeting

Location –

All Board of Directors meetings are held in the United Way Building, 4699 Murphy Canyon Road, SD 92123.

Terms –

A Director serves at the pleasure of the Member he/she represents and continues until his/her successor is selected. The term of office for Directors At Large is for two years and terms are staggered. The Officers take office at the close of the annual meeting and serve until the close of the next annual meeting or until the election of their successors.

2004-2005 VOLUNTEER LEADERSHIP

AGENCY REPRESENTATIVES

ALS Association
Lori Butler

Alzheimer's Association
Ronald Belville
Belville Enterprises, Inc.

American Diabetes Association
Peter Stafford
Stafford Consulting Group

American Heart Association
John Ferber

American Liver Foundation
Julie Simper
Scripps & SCLRC

American Lung Association
Mary Lou Washatka

American Melanoma Foundation
Robin Daviscourt

Arthritis Foundation
Diane Gilbert
PricewaterhouseCoopers, LLP

Autism Society of America
Gregory Fletcher
Sunrise Bank

Being Alive San Diego
Bruce Mitchell

Burn Institute
James Boland
SDG&E

Crohn's & Colitis Foundation
Pamela Meistrell

Cystic Fibrosis Foundation
Drew Hamilton, Esq.
Knobbe, Marten, Olson & Bear

Epilepsy Foundation
Marilyn Rutland
Tax & Financial Services

Fresh Start Surgical Gifts, Inc.
Daneen Cox
SC Design, Inc.

Hemophilia Association
Francesca Pascucci

**Juvenile Diabetes Research
Foundation**
Vicky Berryman

The Leukemia & Lymphoma Society
Dick Krumvieda
SDG&E

Lupus Foundation of America
Tiong Liem
Allied Geotechnical Engineers

Mental Health Association
Kimberly Miller
Children's Dental Health Association

Muscular Dystrophy Association
Joan Ewing

National Multiple Sclerosis Society
Linda Shaw

Parkinson's Disease Association
Mary Ann McCarthy

Partners for Community Access
Sharon Briscoe
Valley Radiology

San Diego Hospice & Palliative Care
Dr. Ramon Corona
International Learning Group

Sickle Cell Disease Association
Don Early

Stepping Stone of San Diego, Inc.
Craig Knudson
Bank Temps Career Placement

DIRECTORS AT LARGE

Suzanne Babbitz
Uptown Insurance Services

Mary Cruz
Sharp Healthcare

Vincent Hinojosa
Washington Mutual

Sean Kelly
San Diego Reader

R. Anthony Mahavier, A.P.L.C.
Attorney in Private Practice

Larry Schreiber

Tony Calabrese
Point Loma Community Bank

OFFICERS

Tony Mahavier - *Chair*

Jim Boland - *Chair-Elect*

Drew Hamilton - *Vice-Chair*

Suzanne Babbitz - *Secretary*

Marilyn Rutland - *Treasurer*

Cindy Trowbridge - *President*

STANDING COMMITTEE CHAIRS

Greg Fletcher
Membership

Drew Hamilton
Bylaws

Peter Stafford
Business Development

Marilyn Rutland
Finance

Robin Daviscourt
Personnel

Sean Kelly
Public Relations

Tiong Liem
Nominating

Tony Mahavier
Strategic Planning

Tracy Richey
Campaign Liaison

Dick Krumvieda
United Way/CHAD

Tracy Richey
Agency Executives

